

# Confidentiality

## Between School Counselor and Student

**Most conversations with your counselor will remain confidential, between you and the counselor.**

**However, some things that are discussed will have to be shared with other adults, including parents, in order to keep you safe or to get help and support that is needed.**

**For example:**

- 1) If a student writes, draws, states or otherwise reveals that they are going to harm themselves (suicide) or that they are *engaging in activities* which have the potential to cause harm to them the counselor would have to break confidentiality in order to make sure the parent of the student was aware and could seek medical or therapeutic intervention to keep the child safe.**
- 2) If a student writes, draws, states, or otherwise reveals that they are going to harm someone else the counselor would break confidentiality in order to keep both people safe.**
- 3) If a student writes, draws, states or otherwise reveals that someone else is hurting them (physical, mental, sexual abuse) the counselor would break confidentiality in order to keep the student safe.**